

# Early Days Workshops Overview

Early Days is a series of **FREE** workshops and webinars for parents and other family members of young children (0-6 years) who are on the autism spectrum or who have concerns about their child.

## Workshop/Webinar Topics

### My Child & Autism

- Understand what autism is, and what it means for your child and your family
- Practical strategies that can make a difference to your child's development
- Understand early intervention services and supports for your family

### My Child & Autism (Girls)

- Understand what autism is, and what it means for your daughter and your family
- Practical strategies that can make a difference to your daughter's development
- Understand early intervention services and supports for your family

### Developing my Child's Independence Skills

- Understand the importance of developing independence skills in young children
- Identify independence skills that may be difficult for your child, such as eating, sleeping or toileting
- Make a plan and develop strategies for your child

### Understanding Behaviour

- Understand why your child has certain behaviours
- Develop strategies for reducing behaviours of concern
- Plan for success
- Support your child

### Helping my Child Cope With Change

- Understand why change is difficult for young children
- Identify challenges and successes for when change occurs
- Make a plan to help your child and family cope
- Develop strategies for day-to-day, minor, major and unexpected changes

### Encouraging Interaction Through Play & Social Learning

- Understand the importance of play
- Learn ways to incorporate play into everyday life
- Learn fun practical strategies that encourage interaction with your child
- Build on your child's current interests

### Progression to School

- Plan for a successful transition to school
- Identify what you, your child and the school need to know
- Develop strategies to help your child prepare for school
- Identify what your child will enjoy about school

## For more information:

[www.facebook.com/EarlyDaysWorkshopsAU](https://www.facebook.com/EarlyDaysWorkshopsAU)

[www.earlydays.com.au](http://www.earlydays.com.au)

*Early Days free workshops/webinars are funded by the Department of Social Services, Australian Government.*



**earlydays**

promoting development of  
young children on the autism spectrum